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Allergy injections and sublingual drops are the immunotherapy options available at our clinic. Both the injections and the drops contain a solution with a very small amount of the substances you are allergic to (called allergens). The purpose of allergy treatment is to desensitize your body to the allergens that cause your symptoms and allergy related problems. Allergy injections and drops are specially formulated for each patient. This formula is made according to the allergens to which you reacted and the degree of sensitivity noted during your allergy test. Allergy injections and sublingual drops are the only specific treatments aimed at eliminating the cause of your allergies, rather than only treating the symptoms. We use the same extracts to make allergy drops or allergy injections. Sublingual therapy has been proven effective and is highly used in Europe. The FDA does consider allergy drops an off label use, so most insurance companies do not yet cover this service or if they do, they do not cover the cost to us. We have many patients using allergy drops and many patients receiving allergy injections. Both groups are having success with their course of treatment.

The table below illustrates the differences between your treatment options.

TREATMENT OPTIONS	ALLERGY INJECTIONS	SUBLINGUAL DROPS
		You must pre pay for your allergy drops before they will be mixed for you. We can mail your drops to you for an added fee.
COURSE OF TREATMENT	3-5 Years	3-5 Years
LOCATION	Our office	Your home
TIME REQUIRED	Weekly injections at our clinic for the first year of treatment, with gradually increasing time between visits.	1-2 minutes each day
INSURANCE COVERAGE	Most insurance companies pay for injections, there may be a copay required. You must check with your insurance company to determine your coverage.	We do not file sublingual drops with your insurance company even if they have coverage as they DO NOT cover the cost to us. Some companies allow you to use your flex credits to cover allergy drops. You should call them to determine if they will allow this or not.
COST	\$45-70/injection WITHOUT insurance.	\$500.00-\$800.00/year
ADVANTAGES	Insurance coverage. Does not require daily treatment.	Convenience since it is administered at home. Does not require weekly clinic visits.
DISADVANTAGES	Weekly clinic visits. Cost of gas to drive to clinic, time off from work.	Not covered by insurance.

It is a good idea to check with your insurance company to confirm your coverage for allergy shots. They will ask for the following CPT codes:

- **95115/95117**—for the allergy shots
- **95165 x 10** and its billed approximately every 10 weeks