

Robert J DeFatta, MD, PhD, FACS
Rima A DeFatta, MD
Nicole S Smith, AuD, CCC-A
Trista M Williams, AuD, CCC-A



1490 Rivers Edge Trail
Altoona, WI 54720
715-828-2ENT p • 715-839-7796 f
www.DeFattaENT.com

OVER THE COUNTER – SURGICAL INCISION CARE

☑ Vitamin E Oil - 70,000 unit strength

Massage into the incision line twice a day for the first 6 month after your surgery.
This can be purchased at Vitamin World and select pharmacies.

☑ Waterproof Sunscreen - SPF 30

Apply to the incision line 30 minutes before going outside (rain or shine and during all seasons). Reapply every 2 hours while outside. This prevents discoloration which can make an incision more visible to the human eye.