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Thank you for choosing DeFatta ENT & Facial Plastic Surgery to assist you with your allergy testing and treatment. All allergy testing is done at our **Altoona** location.
If you have a fear of needles please let us know so we can address your concerns.

Prior to your appointment

Please fill out the patient history to the best of your knowledge. These questions are to assist us with compiling a thorough allergy history. Allergies can be manifested in many different ways, so if you have any symptoms that are not included in the form, please add them in the comment section.

Diet

There are no dietary restrictions required for the test so please eat your usual diet.

Insurance-

If you are concerned about insurance coverage please call your insurance company and give them the following codes. 95004 (x39 units) and 95024 (X 37 units)

Medications:

Review the included list of medications as soon as possible. If you are taking a beta blocker or an eye drop for glaucoma let us know as soon as possible, as testing may not be safe and may need to be rescheduled. Many drugs interfere with the testing process and therefore must be withheld for a specific period of time prior to your test. Please call us if you have any questions concerning any of your medications or if you are taking any medications that conflict with our recommendations. If you take a medication that should have been held, your allergy test will have to be rescheduled.

If you have any medications that you had to withhold prior to testing, you may bring them with you and take them as soon as your allergy testing is completed. Please check with the nurse who is performing your testing prior to taking these medications.

What to wear

We will administer a portion of the test on your upper back. If you have a shirt with an open back, you may wear it or we will have you change into a hospital gown prior to testing.

What to expect

We perform a two step allergy evaluation that tests for the most common allergens in our area:

1. The first part of the test is the “prick test”. We place the allergens on your upper back. We monitor these sites for 15 minutes and then check to see if you have responded to those antigens.
2. The second part of the test is done on the upper arms. For this step we inject a small amount of each allergen under the skin of the upper arm. We monitor these injections sites for 15 minutes and then measure the response.